

BEARDY'S & OKEMASIS' CREE NATION

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UPDATES

Hello, my fellow band members. The following is an update on my portfolios (Health, Social Development and Child Family Services), as well as some of the other work I am doing within the community (outside of my portfolio scope) and the work I am involved with outside the community.

Health

The Health Department/Portfolio has been very busy as of late. There is a lot of new money being invested into our clinic, which in turn will enhance programs and services. This will translate into new employment opportunities, both short and long term.

The Board, Director and myself are working on a number of policies that will improve operations within and outside the clinic. The overall goal is enhancing the healthcare experience provided by Willow Cree Health Services (WCHS). The board meets monthly to address concerns, finances, issues, plans, etc that affect the clinic in both a positive and negative way. Our biggest goal in the coming months is improving the strategic plan of the center with targeted goals. We cannot keep applying band-aids to health issues.

We have a strong board that brings all kinds of backgrounds together. If you see them in the community, thank them for the work they do in promoting health. They are Marcia Seesequasis, Almeda Gamble, Irene Mike, Sylvia Oxebin and Kurt Seesequasis. Our board elder is Suzanne Seesequasis, and she has been involved with the Department now for over a decade. We thank her for her commitment to our community.

The newest addition to our Department is the Jordan's Principle Unit, headed by Rosanna Gamble. This program will help and assist family members with children who have special needs. Our plans are to find space within the community shortly to provide these much needed supports. Please watch for announcements via the WCHS Facebook page or you can call the clinic directly and speak with our Director, Bernie Petit or Rosanna Gamble, Jordan's Principle Coordinator for more information on how you can participate in programming.

There is a **Community Calendar** now provided by WCHS. I have attached it to this newsletter. The calendar is 4 months in advance (May through August). This will allow you to plan your next 4 months in participating in health center programs and services. **Watch for calendars outlining the last 7 months of the fiscal year.**

If you are interested in working in the Health Department please check the employment postings. There are a number of positions being posted via WCHS. If you have questions about any of the posted jobs please call our Director, Bernie Petit.

Remember we have a number of different services being provided at the clinic, please call and ask if you are not sure. And don't forget there is a rotation of doctors visiting our center on Tuesdays and Thursdays. Call the front desk to book your appointment. See the attached list for doctors who currently visit the clinic, and a list of all doctors practicing in Rosthern. This would be the most current list.

I would like to give honorable mention to our Dental Health Therapist, Margaret Morin. She was recently recognized for being in the industry for 20 years. Over 10 of those years have been committed to BOCN. Thank you Margaret for your commitment to your job, our community and our people.

I have also attached a few posters of some upcoming events that might be of interest to you, your family or someone you know that may benefit.

Social Development

First off I would like to remind everyone that this is a program of last resort. The Chief nor Council cannot dictate what can be expended under this program. It is policy-driven. Please treat our Director and staff with the utmost respect, as they are only doing what the policy tells them to do. If you have specific concerns you can bring those up with myself, the Director or the Chief Executive Officer and/or Chief Financial Officer.

Our program consists of:

Lorraine Cameron	-	Director & I.A. Administrator
Carmel Cameron	-	Clerk
Jade Penner	-	Employment & Training Coordinator

As stated earlier, Social Development is a Policy Driven Program. Indigenous Services Canada (ISC) provide staff with a Social Programs Policy Manual, which must be followed for the program to continue to be administered by the Beardy's & Okemasis Cree Nation.

There are changes in Policy Manual from year to year. Perhaps the biggest changes this year, are:

1. Special Diet for Hep C that is no longer paid, but clients could get a Registered Dietician to cost out a special diet for them that the program can pay. Actual cost of the food supplement,
2. The \$75.00 rate for Diabetes for 3000 calories has been cut out. The highest paid now is 2500 calories for \$42.00,
3. When more than one diet is prescribed, only the higher cost diet is provided,
4. There is no allowance for a Special Diet to a client receiving Level of Care, and
5. Family Member means parents, brothers, sisters, grandparents, grandchildren.

The changes that are implemented by ISC are influenced by changes made in the provincial system, as ISC mirrors exactly how the Province of Saskatchewan administers social development programs. Please note, every region is different.

Utility Bills

Power bills will not be paid for clients in the same month that they are eligible to receive assistance. **The power bill will only be covered one month after.** The same applies for those that have cost-shared utilities. The clients share will not be paid until one month later **to the head of the household** if that person is not already on S/A.

If clients have outstanding amounts owing before they are on Income Assistance, it is their responsibility to pay the bill. The Social Development Program will not pay for the outstanding amounts owing.

If clients do not bring in their Sask-Power/Sask-Energy bills to be paid when mailed to their own mailing address, **it is not the responsibility of the staff to get the bills paid.** The same policy still applies that was passed by Chief & Council in 2017. It states, that if you do not bring in the utility bills for payment, you will not receive your S/A cheque. Before you receive your S/A cheque you will be expected to pay for all the fees associated with your utility bill, late fee payments, disconnections fees, reconnection fees, security deposit and outstanding amount if you have been disconnected.

Social Assistance Education and Training (SAET) was previously known as the National Child Benefit Reinvestment Initiative. The changes now mean that funds allocated from ISC **are now to be used for training and work assistance for Income Assistance Clients only.**

The new guidelines required all the Income Assistance files to be cataloged and grouped according to the clients' **Employability Profiles.** These are the employment goals that clients stated they wanted to reach when they applied for income assistance.

These goals are what we have to base our decisions on as to what kind of training we are bringing to Beardys and Okemasis Cree Nation.

Currently there are two programs that have been decided that the SAET program will host in the near future. They are the **Food Service Cook** program and the **RRAC – Residential Renovation and Construction** program. These were chosen based on what clients wrote down on their employability profile goals. These will be anywhere from 10 to 12 weeks in length, and they will be held on BOCN. Due to the guideline's set out for SAET both programs would have no sort of extra income such as PTA or training allowance, but lunches and childcare can be taken care of by SAET. Due to the cost and the importance of the level of commitment required, there will be an interview process.

Here is some of the recent and upcoming training that we offered to our clients.

Recent Training -

1. Feb. 4th - 8th four clients acquired their Water Treatment Class 1, Operators Certification Preparation course + exams,
2. March 20th- we invited Income Assistance clients and Band members to take a bus to the Saskatoon Job Fair at the Park Town Hotel, (there were two clients who utilized the bus plus one band member, and two clients showed up at the event on their own)
3. April 1st - 5th there was Construction Safety ticket training. This included H2S Alive, Fall Protection, WHIMIS, OHS Standard First Aid, Transportation of Dangerous Goods, Confined Space Entry, and Fire Safety & Extinguishers. There were 20 spots paid for and 15 people showed up consistently throughout the week), and
4. April 5th - 8th we offered Oil Field Safety ticket training. This included OHS, Standard First Aid, Fall Protection, Confined Space and Entry, Ground Disturbance level 2, and H2S Alive. We had 8 seats paid for and on average 4 people showed up consistently to complete the 6 day program that included a Saturday.

Upcoming Training -

1. May 17th – ID Clinic, facilitated by the Social Development Staff
2. May 27th -31st there will be a firefighting level 1 course being held at the Youth Centre or another location if required. This is open to both clients on Income assistance and band members,
3. Food Services Cook – dates to be determined, and
4. Residential Renovations and Construction Program – dates to be determined.

We aim to decrease the number of clients on SA in between the ages of 18 to 30. In order to do that we need more commitment from clients and of course opportunities. This is exactly what we are doing and will continue to do. Clients should always stay in contact with the Department.

Keep in mind there are other training opportunities available within the community. Please contact Brandi Cameron who looks after the training component of our BHP Agreement and Brittany Seesequasis, who administers the ASETS/ISETS program, as she may be able to connect you to other training opportunities outside the community.

A survey and group consults recently took place with a writer. The goal of the survey was to gain a better understanding clients have of the program and what the program can do to make sure things are run better. The results collected from the surveys and group consults has yet to be released. It is my hope they will use the information and make the program less connected to the provincial system. We will release information as we receive it.

QBOW Child and Family Services

Here is your update on the delivery of Child and Family Services, via QBOW.

In case you are not aware, Beardy's & Okemasis Cree Nation is one of the six member bands that makes up QBOW CFS. The Central Office is located at Fort Qu'Appelle, SK, with three sub offices, which are located on the Beardy's & Okemasis Cree Nation, Wahpeton Dakota Nation and Piapot First Nation.

The Executive Director, Lois Isnana and Director of Operations, Marcella Poitras both work out of Central Office. QBOW is managed by a Board of Directors, which consists of six members that represent their respective communities. Our Board Member is Remi Mike.

Here are a few highlights:

- Beardy's Sub Office currently has a staff of five, with one staff on a temporary leave of absence.

List of updated Staff and Job Titles:

NAME	JOB TITLE
Elaine Thomas	Associate Executive Director
Jason Burns	A/Child Protection Supervisor
Cheryl Gardipy	Case Aid Worker
Kendra Gardipy	Foster Care Resource Worker

Nastashia Mckay	Contractual Services (Term)
Corinne Hamm	On Leave

Current happenings in the program:

The Administrative Assistant full time job position deadline was on April 18, the interviews will be held shortly, with a potential start date of June 1.

QBOW is advertising to the fill the job position of a Prevention Worker to work from the Beardy's Sub Office. Deadline for applications is **Friday, May 10/19.**

An advertisement of a Prevention Supervisor to be based at Central Office, this position will be responsible to supervise the Prevention Workers at all the offices, deadline for applications is **Friday, May 10/19.**

QBOW are now accepting applications to fill the positions of Casual Child Care Workers located at Prince Albert. Please contact Liz Pratt at (306) 332 – 1842 for additional information by no later than **May 17/19.**

QBOW are in the final stages to open a 4 bed Residential Care Home in the city of Prince Albert. This is a partnership with the Ministry of Social Services, the home will have children from ages 0 to 11 years of age. The target date to open the home for children is set for June 1/19. This will be the second home to be operated by the organization. The first home is located at Fort Qu'Appelle. Both homes consist of a Cultural Program Coordinator, Outreach Worker and Child Care Workers.

The Prevention plans are on-going to service the community, to mention some of the areas of programs/workshops that have been delivered are: Traditional Parenting, Addictions, Indian Residential Schools, Equine Therapy. A notice will be sent out to community members once the calendar of events is completed for the summer months.

Staff have made presentations to both community schools on the role and function of QBOW CFS and the duty to report. As well as the Wellness Mini Conference on Child Protection. Staff try their utmost to be out in the community when there are events, this only enhances the Awareness and Education on the work that is performed. QBOW has two main areas of work – Child Protective Services and Prevention Services.

QBOW are in search of Foster Homes. Our office have several community members whom are interested to become Foster Parents. The training is called PRIDE – Parent Resources for Information Development and Education that is provided through our office. Please contact the Foster Care Resource Worker for more information on how to become a Foster Parent.

The office has undergone extensive renovations in the past few months. We welcome the community to come by for a visit at any time.

The office hours are Monday to Friday, 8:30 a.m. – 12:00 p.m. and 1:00 p.m. – 4:30 p.m.

For After Hours Emergency - 4:30 p.m. – 8:30 a.m., the On Call Worker can be contacted at (306) 467 – 7081.

I have attached some additional information from the agency that provides more detailed information about what QBOW can do. Please take a look.

In March-April, QBOW began the processes of putting together the Prevention Plan for BOCN. This was done via a survey with general membership. A supper was also hosted at the school to compile surveys from members as well. There was also an Elder's event hosted in Regina for all six communities to ask Elders what they would like to see in terms of prevention programming within the communities. I also had key staff members and some members of council meet for a few days to do some brainstorming. Our goal is to maximize the prevention initiative.

Although this process was undertaken very quickly, we still managed to put together a respectable prevention plan. The good news is, all agencies were granted an extension to Dec 31, 2019 to submit a revised plan, of which we will do. There is so much we can do and will.

QBOW recently helped the Nation by covering all costs associated with the following:

1. Youth FSIN Hockey Championships, and
2. Prince Albert Youth Soccer League

A big thanks to QBOW for providing this financial support to our Youth.

Other tidbits –

Started the planning process for more Camp Tawow renos – phase 3. I will be working with Councillor Edwin Ananas and Garnet Eyahpaise in getting these done.

Brian Seesequasis and I are doing the planning for the community garden. This year we plan to do only potatoes.

There is a sleep study currently happening. You can participate and earn yourself \$50.00 plus you get the knowledge of your sleep patterns and how it affects your quality of life. See attached poster for more information.

I am also involved in the Community Governance initiative spear-headed by Councillor Leighanne Gardipy. The health law is forthcoming. I currently sit on FSIN's Health Law

Working group. This process will aid us in the creation of our own Health Law. We will also be looking at revising and revamping the old Kanaweyihimitowin policies, as they will definitely be dated. The Federal Government is in the reading phase of Bill C-92, which is all about jurisdiction over our children. By revamping our policies, creating a law and developing a prevention plan we will be ready for when jurisdiction is given back.

I can share much more on the work being done in these portfolio areas, but for the sake of this update I want it to be brief. There is a lot more work to be done. We have the teams and we have the capacity to get it done. I will keep finding ways to support our teams and build positive working environments, because that correlates into results.

If you have questions, issues or concerns you can reach me at the band office 467.4523, ext #234, my cell (467.7888) or by email jseeseequasis@beardysband.com

Sincerely,



Jeremy Seeseequasis
Councillor
Health
Social Development
Child & Family Services

Thank you to all staff, board and partners for their commitment and hard work.



Willow Cree Health Services 2019 Community Event Calendar

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes:
			1	2	3	4	May 7: Foot Care Clinic
5	6	7	8	9	10	11	May 8: Collective Kitchen May 9: Community Wellness Day May 10: Harm Reduction Clinic
12	13	14	15	16	17	18	May 10: Women's Wellness Night May 14: Treaty Day-OFFICE CLOSED
19	20	21	22	23	24	25	May 15: Gardening W/S May 15: Traditional Pre-Natal Parenting Class May 16: Home Care Self-Care Day
26	27	28	29	30	31		May 17: Manitou Springs-IRS Survivors May 20: OFFICE CLOSED May 21: Foot Care Clinic May 23: "Blanket Healing" Ceremony
							May 23: Gardening W/S May 28: Baby Clinic - 5-8 p.m.

June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes: PRIDE AWARENESS
							Jun 4: Foot Care Clinic
						1	Jun 5: Gardening W/S Jun 7: Harm Reduction clinic Jun 11: Sweat-Cultural Support-IRS June 12: Collective Kitchen
2	3	4	5	6	7	8	Jun 13: Community Wellness Day Jun 13: Gardening W/S Jun 14: Men's Wellness Day
9	10	11	12	13	14	15	Jun 18: Garden Weed Management Workshop Jun 18: Traditional Pre-Natal Parenting Class Jun 18: Foot Care Clinic Jun 20: Home Care Self-Care Day
16	17	18	19	20	21	22	Jun 21: Aboriginal Day-OFFICE CLOSED Jun 24: Infection Control Training
23	24	25	26	27	28	29	Jun 25: Evening Baby Clinic-5-8 p.m. Jun 27-28: IRS Survivors Gathering-
30							Jun 27: Self Wellness Workshop Jun 28: Cleanest Garden Award Day



Willow Cree Health Services 2019 Community Event Calendar

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes:
	1	2	3	4	5	6	Jul 1: Canada Day-OFFICE CLOSED
							Jul 2: Foot Care Clinic
							Jul 3: Collective Kitchen
7	8	9	10	11	12	13	Jul 5: Family Beach Day
							Jul 9: Sweat-Cultural Support-IRS
							Jul 9-10: Car Seat Clinic
							Jul 10: Garden Weed Management Workshop
14	15	16	17	18	19	20	Jul 11: Community Wellness Day
							Jul 12: Family Beach Day
							Jul 16: Saskatoon Berry Picking
							Jul 16: Traditional Pre-Natal Parenting Class
28	29	30	31				Jul 17: St. Michaels Feast Event
							Jul 18: Home Care Self-Care Day
							Jul 19: Family Beach Day
							Jul 26: Family Beach Day
							Jul 26: Cleanest Garden Award Day
							Jul 30: Diabetes Support Group 5-7 p.m.
							Jul 30: Evening Baby Clinic-5-8 p.m.

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes: IMMUNIZATION AWARENESS
				1	2	3	Aug 5: Civic Holiday-OFFICE CLOSED
							Aug 6: Backyard Garden Harvest
4	5	6	7	8	9	10	Aug 7: Collective Kitchen
							Aug 8: Community Wellness Day
11	12	13	14	15	16	17	Aug 13: Diabetes Support Group 5-7 p.m.
							Aug 12-16: Culture Camp-Family & IRS
18	19	20	21	22	23	24	Aug 15: Home Care Self-Care Day
							Aug 19-23: Culture Camp-Youth & IRS
							Aug 20: Traditional Pre-Natal Parenting Class
25	26	27	28	29	30	31	Aug 20: Foot Screening Day 1-4 p.m.
							Aug 27: Evening Baby Clinic-5-8 p.m.
							Aug 27: Diabetes Support Group 5-7 p.m.
							Aug 30: Best Garden Award Day
							TBA - ERFN IRS Youth Canoe Journey-Celina M

Youth Cultural Camp



August 19-22 2019

Please Register by June 30, 2019

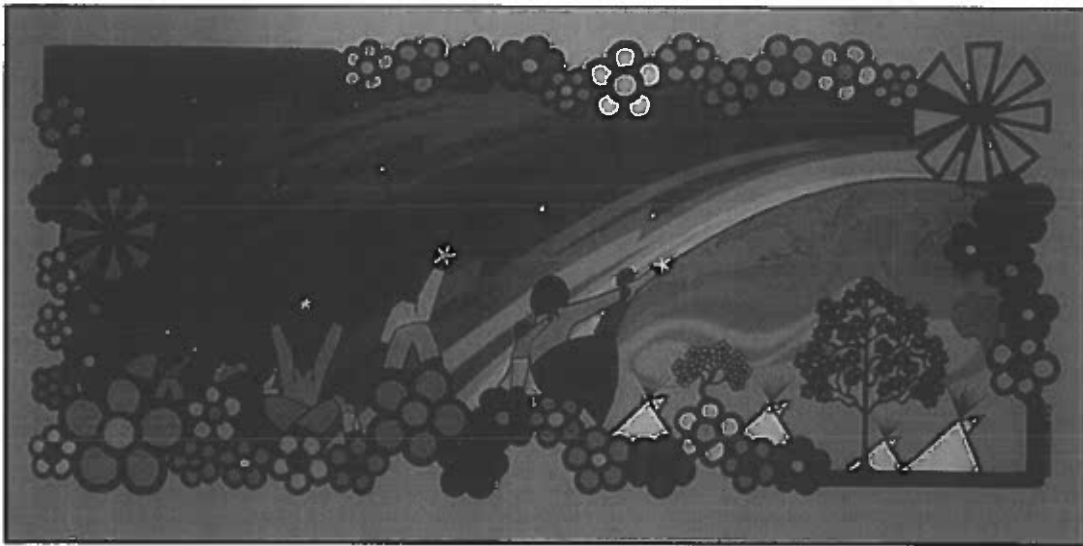
Ages 13-18



For more Information call:

Willow Cree Health (306)467-4402

Family Cultural Camp



August 12-16 2019

Please Register by JUNE 30, 2019



For More information call:

Willow Cree Health @ (306)467-4402

Doctors who visit Willow Cree Health Services (Tuesday & Thursday rotation)

Dr. Melle

Dr. Adeniran

Dr. Silver

Dr. MacMillan

Dr. McLaughlin

Dr. Little

Here is a complete list of Doctors in Rosthern

Dr. Adeniran

Dr. Geiger

Dr. Reess (Resident)*

Dr. MacMillan

Dr. McLaughlin

Dr. Little

Dr. Melle

Dr. Silver

Dr. Stevens (Resident)*

Dr. VanNiekerk (Locum)**

Dr. Janzen (Locum)**

* A **resident** is a person who has an MD, **meaning** they have completed 4 years of school, but they are not yet qualified to practice, and are supervised by an attending doctor/physician.

** A **locum** physician/doctor is a physician/doctor who works in the place of the regular physician/doctor when that physician/doctor is absent, or when a hospital or practice is short staffed.



**QBOW CHILD AND FAMILY SERVICES INC.
QU'APPELLE BEARDY'S OKEMASIS WAHPETON CFS.**

Employment Opportunity

Description: (1) Full Time Prevention Worker Position

Location: Beardy's & Okemasis Cree Nation, SK

Closing Date: May 10, 2019

Summary

The Prevention Worker will be required to work as a member of the multidisciplinary prevention team assisting in the implementation of the integrated strategy across primary, secondary and tertiary settings with the Beardy's & Okemasis Cree Nation. The Prevention Worker will be expected to support other team member's roles and actively contribute to the further development of the QBOW CFS Inc. prevention services. The Prevention Worker will participate in local prevention events. The Prevention Worker will provide a representative link to the prevention services between and will work with other program staff to promote the service, facilitate and support appropriate referral pathways for the client group.

Requirements

- Bachelor Degree in Social Science, Education, Public Health or equivalent experience and training required
- Successful completion of Community Health Substance Abuse and Planning and prevention ethics training is an asset
- Able to work efficiently as part of a team as well as independently
- Good organization, time management and prioritizing skills
- High level of sound and independent judgement, reasoning and discretion
- Strong morals and ethics, along with a commitment to staff privacy
- Facilitation skills to deliver community presentations

Job Duties

- Assist the community in assessment, monitoring and evaluation of prevention activities to ensure appropriate availability of community-based services
- To facilitate presentations to small and large groups
- Responsible for planning and prioritizing prevention caseload
- Work with the Child Protection Worker to assist with a sound prevention plan for children and their families
- Manage prevention caseload
- Assess, plan, evaluate and carry out specific prevention plans
- Alert and/or advise the Prevention Services Supervisor of changes in prevention plans
- Generate and maintain accurate and informative records working within local guidelines for prevention record keeping
- Responsible for preparation of appropriate and timely information
- Assist in assembling and maintaining a QBOWCFS library
- Maintain effective communication between and among the Qu'Appelle First Nations elected officials, service providers and general public
- Develop and implement programs as assigned
- Attend scheduled department staff meetings
- Perform related work as assigned

QBOW CFS provides a competitive wage, with an employee benefits package.

Preference will be given to those with Indigenous Ancestry.

Please provide a Cover Letter and Resume, with three references to:

Lois Isnana, Executive Director loisnana@qbow.ca

OR

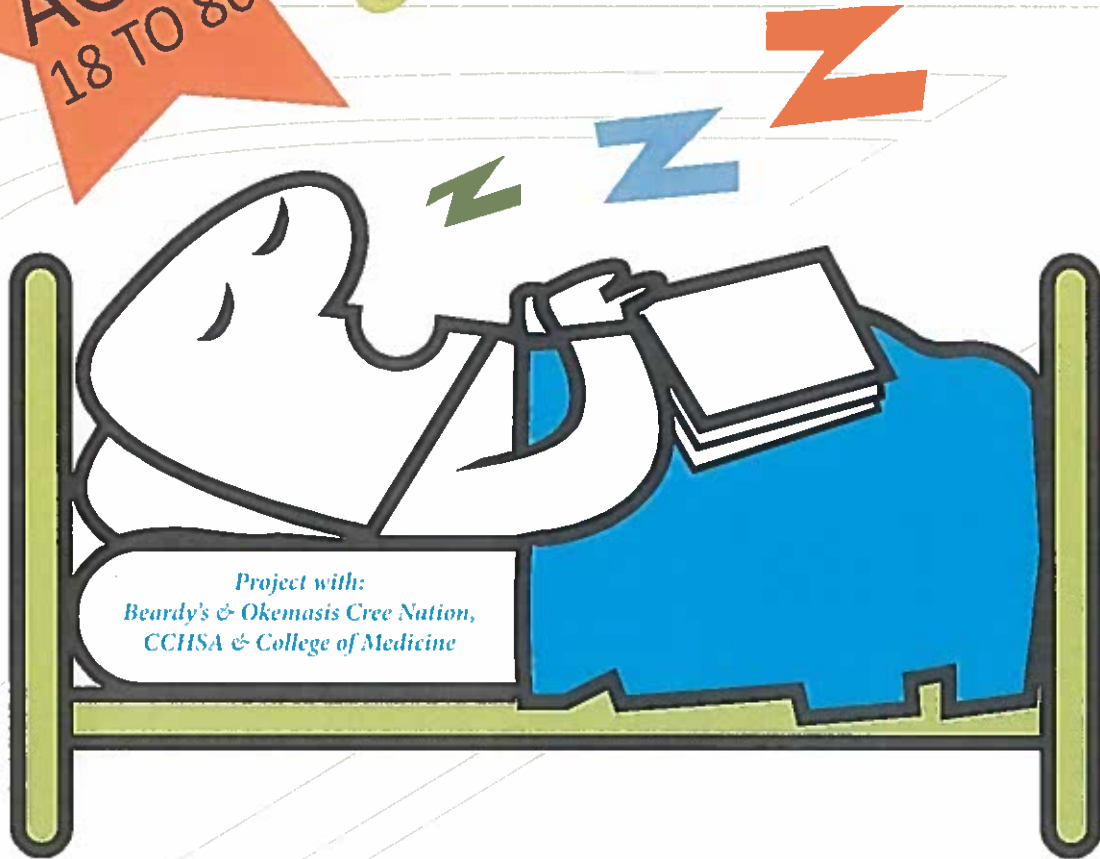
**Marcella Poitras, Director of Human Resources
mpoitras@qbow.ca**

All short-listed applicants will be contacted for an interview.

SLEEP PROJECT

Participate and **EARN**
your **TIME!**

AGES:
18 TO 80



Project with:
Beardy's & Okemasis Cree Nation,
CCHSA & College of Medicine

Call Courtney at the Youth Wellness Centre or
just come to the Youth Wellness Centre during any week day
from 9am to 4pm



Beardy's & Okemasis Cree Nation
Youth Wellness Centre

Cell: 1-639-212-7992 / 306-467-2100



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